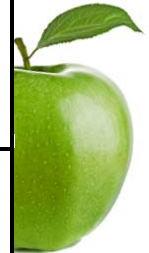
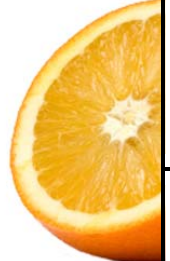


The H Generation



October 2009



<i>monday</i>	<i>tuesday</i>	<i>wednesday</i>	<i>thursday</i>	<i>friday</i>
5 Chicken Cacciatore Radiatore Pasta Focaccia Bread Salad Bar Grapes Cookie	6 Pasta with Bolognese Sauce Roll Salad Bar Fresh Fruit Salad Chocolate Pound Cake	7 11:30 Dismissal	8	9
12 Columbus Day Holiday	13 Beef Cheeseburger Sun Chips Salad Bar Sliced Peaches Vanilla Pound Cake	14 Chicken Alfredo Penne Pasta Salad Bar Orange Slices Chocolate Pudding	15	16
19 Herb Roasted Chicken Breast Pumpkin Risotto Salad Bar Fresh Fruit Salad Cookie	20 Beef Kabobs Rice Pilaf Salad Bar Cantaloupe Melon Banana Bread	21 Mexican Taco Salad with lettuce, tomatoes, cheese and salsa Salad Bar Apples Blondie	22	23
26 Baked Ziti with Tomato Sauce Focaccia Bread Salad Bar Fresh Fruit Salad Chocolate Pound Cake	27 Chicken Parmesan Penne Pasta Salad Bar Seedless Grapes Tea Cookie	28 Beef Chili Baked Potatoes with butter and sour cream Salad Bar Pineapple Chunks Ginger Snap	29	30